



PLAN YOUR CHILDREN

for health and happiness

WHERE TO GO

You can learn about family planning and child spacing at the address below:

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"EVERY CHILD A WANTED CHILD"

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healthy if they are born around two years apart, rather than only a year apart. When babies are born two years or more apart, mother and baby are healthier. Furthermore, babies do cost money, and so more time between them gives the family budget a chance to recover, too.

WAYS TO PLAN YOUR CHILDREN

Birth control can help you plan your children so that you can have the number of babies you want and have them when you and your husband are well and able to take care of them. Birth control means the use of medically approved methods to postpone pregnancy until you are ready for it. The method your doctor advises for you is harmless and safe.

Planning your children does not only mean being able to wait until you are well enough and able to take care of a baby. Family planning also means being able to have your baby when you *do* want it. Sometimes couples find that for some reason the wife does not become pregnant. New discoveries in medicine give fresh hope to couples who find they cannot have children when they want them.

YOUR QUESTIONS ANSWERED

In order that you will have a better understanding of the means of family planning here are the answers to the questions which people most often ask:

What is birth control?

It is a safe and simple way to plan for your children and to have them when you want them.

Is it an operation?

It is not an operation of any kind.

Is it an abortion?

Definitely not. An abortion kills the life of a baby after it has begun. It is dangerous to your life and health. It may make you sterile so that when you want a child you cannot have it. Birth control merely postpones the beginning of life.

Is birth control harmful?

Birth control methods which have been approved by leading medical authorities cannot hurt you in any way.